

REAL FAITH FOR REAL LIFE

Pastor Kendall Granger, Senior Pastor
Elder Terri Sellers
Part 7, pastor@newlifeestl.com

MEMORY VERSE:

*"No temptation has overtaken you
except what is common to mankind.
And God is faithful; he will not let you be
tempted beyond what you can bear.
But when you are tempted, he will also
provide a way out so that you can
endure it."*

1 Corinthians 10:13 (NIV)

Jesus did not simply die to forgive us—He
died to set us _____.

FAITH TO OVERCOME TEMPTATION AND CYCLES

Every family has cycles.

Some are healthy.

- Cycles of gratitude
- Cycles of forgiveness
- Cycles of generosity
- Cycles of self-control
- Church attendance
- Cycles of strong work ethic

Some are destructive.

- Cycles of addiction...
- Cycles of divorce...
- Cycles of violence...
- Cycles of poverty...
- Cycles of bitterness...
- Cycles of fear...
- Cycles of sexual sin...
- Cycles of anger...

Temptation itself is not _____.

"For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin." **Hebrews 4:15 (NIV)**

1. RECOGNIZE THAT TEMPTATION IS _____

"No temptation has overtaken you except what is common to mankind..." **1 Corinthians 10:13a (NIV)**

One of Satan's greatest lies is convincing believers that they are the only ones struggling.

- **Isolation creates _____.**
- **Shame creates secrecy.**
- **Secrecy strengthens _____.**

No one _____ from spiritual warfare.

Action Steps:

This week:

- _____ **down your greatest areas of temptation.**
- **Identify what usually triggers them.**
- _____ **your struggle with a mature believer or accountability partner.**
- **Replace secrecy with prayer.**

2. CHOOSE GOD'S WAY OF _____

"... but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape..."

1 Corinthians 10:13b (NKJV)

Ways God Provides Escape

- **Sometimes the escape is walking away.**
- **Sometimes it is _____ the app.**
- **Sometimes it is changing friendships.**
- **Sometimes it is _____ off the television.**
- **Sometimes it is leaving the room.**
- **Sometimes it is making the phone call.**
- **Sometimes it is opening your Bible.**
- **Sometimes it is praying immediately.**
- **Sometimes it is _____ the consequences.**

And after a while his master's wife took notice of Joseph and said, "Come to bed with me! But he refused. With me in charge, he told her, my master does not concern himself with anything in the house; everything he owns he has entrusted to my care."

Genesis 39:7–8 (NIV)

"And though she spoke to Joseph day after day, he refused to go to bed with her or even be with her. One day he went into the house to attend to his duties, and none of the household servants was inside. She caught him by his cloak and said, Come to bed with me! But he left his cloak in her hand and ran out of the house." Genesis 39:10–12 (NIV)

Sometimes the most spiritual response is not to stand and argue—it is to _____.

"Don't pray for strength to stay where God has already told you to _____."

Action Steps:

This week:

- _____ **one source of recurring temptation.**
- **Build one new spiritual habit.**
- _____ **an accountability relationship.**
- **Memorize 1 Corinthians 10:13.**

3. WALK IN THE _____ GOD PROVIDES

"That you may be able to bear it."

1 Corinthians 10:13c (NKJV)

"No, in all these things we are more than conquerors through him who loved us."

Romans 8:37 (NIV)

"I can do all things through Christ who strengthens me." **Philippians 4:13 (NKJV)**

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."

2 Corinthians 5:17 (NKJV)

Action Steps:

This week:

- **Begin every day by _____
before temptation arrives.**
- **Declare one Scripture over your life daily.**
- **_____ one sinful habit with one
godly habit.**
- **Celebrate every victory, no matter how
small.**

**YOU CAN BECOME THE GENERATION THAT
CHANGES _____.**

MY NEXT STEP TODAY IS:

- ✓ I will memorize **1 Corinthians 10:13 (NIV)**
- ✓ I will accept Christ for the first time
- ✓ I will join the New Life church family
- ✓ I will sign up for the next baptism

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