

MY NEXT STEP TODAY IS:

- ✓ I will memorize **1 Corinthians 6:19 (NIV84)**
- ✓ I will accept Christ for the first time
- ✓ I will join the New Life church family
- ✓ I will sign up for the next baptism

Please join us next week as we continue our new sermon series:

Daniel Plan: God's Prescription for Health***Why We Need Each Other***

Join us on our **Prayer Line** by calling
(712)832-7030. Enter access code, 1919#. The prayer line is
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The Daniel Plan:

God's Prescription for Health

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Part 3 of 6, pastor@newlifestl.com

MEMORY VERSE:

"Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own."

1 Corinthians 6:19 (NIV84)

WHY I NEED TO SET PERSONAL GOALS?

1. GOAL SETTING IS A _____ DISCIPLINE.

"God plans to bring all of history to its goal in Christ. Then Christ will be the head of everything in heaven and on earth!" **Ephesians 1:10 (GW)**

2. GOALS _____ MY ENERGY.

"I do not run without a goal. I fight like a boxer who is hitting something—not just the air."

1 Corinthians 9:26 (NCV)

"Make the most of every opportunity for doing good in these evil days." **Ephesians 5:16 (NLT)**

3. GOALS _____ MY FAITH.

"These trials are only to test your faith, to see whether or not it is strong and pure. It is being tested as fire tests gold and purifies it—and your faith is far more precious to God than mere gold; so if your faith remains strong after being tried in the test tube of fiery trials, it will bring you much praise and glory and honor on the day of his return." **1 Peter 1:7 (LB)**

"Everything that does not come from faith is sin."

Romans 14:23 (NIV)

4. GOALS GIVE ME _____.

"But I don't have the strength to endure. I have nothing to live for." **Job 6:11 (NLT)**

"The plans I have for you are plans to prosper you, not to harm you. They are plans to give you hope and a future."

Jeremiah 29:11 (NIV)

WHAT KIND OF GOAL DOES GOD BLESS?

1. GOALS THAT BRING _____ TO GOD.

"Whether you eat or drink or whatever you do, do it all for the glory of God." **1 Corinthians 10:31 (NIV)**

"We make it our goal to please him, whether we are at home in the body or away from it." **2 Corinthians 5:9 (NIV)**

2. GOALS THAT MOTIVATED BY _____.

"Do everything in love." **1 Corinthians 16:14 (NIV)**

"Let love be your highest goal." **1 Corinthians 14:1a (NLT)**

3. GOALS THAT FULFILL ONE OF GOD'S

_____ **FOR YOUR LIFE.**

"Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness."

Romans 6:13 (NIV)

4. GOALS THAT ARE SET IN _____.

"Without faith it is impossible to please God..."

Hebrews 11:6a (NIV)

5. GOALS THAT ARE ACHIEVED WITH GOD'S

_____.

"We plan the way we want to live, but only God makes us able to live it." **Proverbs 16:9 (MSG)**

Then he told me, "This is the word of the Lord to Zerubbabel: You will not succeed by your own strength or by your own power, but by my Spirit, says the Lord All-Powerful."

Zechariah 4:6 (NCV)

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will direct your paths." **Proverbs 3:5-6 (NLT)**

I WILL WRITE OUT _____ FOR MY:
FAITH, FAMILY, FINANCE, FITNESS,
FOCUS(MENTAL), FOOD.