## MY NEXT STEP TODAY IS:

> I will memorize Psalm 147:3 (NLT)
> I will accept Christ for the first time or recommit my life to Christ
> I will join the New Life church family
> I will recite the five facts God says about me for 21 days

## GET JESUS...Live Better!

## Kendall Granger, Lead Pastor

Part 1 of 3, pastor@newlifeestl.com

## 1. WHAT SCARS OUR EMOTIONS?

Many varieties: Physical...Emotional...Social) "(Jesus) was despised and rejected by men..." Isaiah 53:3 (HCSB)
"... his own people did not accept him..." John 1:11 (NASB)
"Thoughtless words can wound as deeply as any sword." Proverbs 12:18 (GN)

## 2. WHAT HEALS OUR EMOTIONS?

MEMORY VERSE: "God heals the brokenhearted and binds up our wounds." Psalm 147:3 (NLT)
$\qquad$ THE WAY YOU
$\qquad$ .
"... Let God transform you inwardly by a complete change of mind!" Romans 12:2 (GN)
"... When you know the truth, the truth will set you free." John 8:32 (NIV)

## THE TRUTH GOD'S VIEW OF YOU (IN CHRIST) <br> Five Facts God Says About You

$>$ GOD SAYS I AM $\qquad$
"(God) has made us accepted in the Beloved." Ephesians 1:6 (KJV)
"... Christ has accepted you." Romans 15:7 (NLT)
"Even if my mother and father forsake me, the Lord will receive me." Psalm 27:10 (NIV)
$>$ GOD SAYS I AM $\qquad$
"God feeds the birds... and you are far more valuable to Him than any birds!" Luke 12:24 (LB)

God says, "You are precious to me." Isaiah 43:4 (GN)

## > GOD SAYS I AM

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"The mountains and hills may crumble, but my love for you will never end; so says the Lord who loves you." Isaiah 54:10 (GN)
"God loves you, so don't let anything worry you or frighten you." Daniel 10:19 (GN)
$>$ GOD SAYS I AM $\qquad$
"I am the God who forgives your sins, and I do this because of who I am. I will not hold your sins against you." Isaiah 43:25 (GN)
"... Through what Christ did for us, He decided to make us holy in his eyes, without a single fault -- we stand before God covered with his love."
Ephesians 1:4 (LB)
$>$ GOD SAYS I AM $\qquad$
"I have strength for all things in Christ who empowers me -- I am ready for anything and equal to anything through Him who infuses inner strength into me, that is, I am self-sufficient in Christ's sufficiency!"
Philippians 4:13 (AMP)
"God will give you beauty for ashes." Isaiah 61:3 (LB)

I WILL $\qquad$ то WHAT GOD SAYS

ABOUT ME!

