

• **FALL – AGE 40 TO 60 – _____**

1. There can be a great harvest or great regret in this season.
2. Key questions for this stage:
 - Have I achieved everything I wanted?
 - Do I have dreams that are unfulfilled?
 - Can my mistakes be redeemed?
 - Are my accomplishments fulfilling?
3. The major danger of this season is a mid-life Crisis.
4. The great opportunity of the season can be summed up in one word: **influence**.

• **WINTER – AGE 60 AND BEYOND – _____**

1. Marked by Influence, experience and respect.
2. The major opportunity of this season is to take advantage of your flexibility.

MY NEXT STEPS TODAY:

- I will memorize **Galatians 6:9 (KJV)**
- I will accept Christ for the first time
- I will join the New Life church family
- I will sign up for the next baptism
- I will sign up for the next membership classes
- I will sign up for Growth Group Leader Training
- At the end of each month, I will evaluate and plan
- At the end of each week, I will evaluate and plan

I WILL MAKE THE MOST OF THE _____ GOD
HAS GIVEN ME.

MANAGING LIFE FOR SUCCESS

Overloaded: From Burnout to Balance

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"Making the most of the time, because the days are evil."
Ephesians 5:16 (HCSB)

➤ **TIME MANAGEMENT IS _____ MANAGEMENT**

"Those who've been given a trust must prove faithful."

1 Corinthians 4:2 (NIV)

➤ **MY PROBLEM ISN'T TIME; MY PROBLEM IS MY _____**

"There is a right time and a right way to do everything, but we know so little!" **Ecclesiastes 8:6 (GN)**

➤ **TIME MANAGEMENT CAN BE _____**

"Teach us to number our days and recognize how few they are. Help us to spend them as we should." **Psalms 90:12 (LB)**

STEPS TO HELP MANAGE YOUR LIFE

1. ANALYZE YOUR LIFESTYLE.

"Look carefully at how you live! Live purposefully and worthily and accurately, not as the unwise but as wise, sensible, intelligent people."
Ephesians 5:15 (AMPC)

2. PRIORITIZE WHAT'S IMPORTANT.

"Do not be vague and thoughtless and foolish, but understand and firmly grasp what is the will of the Lord." **Ephesians 5:17 (AMPC)**

I HAVE JUST ENOUGH TIME TO DO _____.

3. RECOGNIZE THE _____ OF LIFE.

"As long as the earth remains, there will be springtime and harvest, cold and heat, winter and summer, day and night." **Genesis 8:22 (LB)**

5 FACTS ABOUT THE SEASONS OF LIFE

1. THEY ARE BEYOND MY _____.

"God controls the times and the seasons. He makes and unmakes kings." **Daniel 2:21 (GN)**

2. THEY ARE OFTEN _____.

"... God does everything just right and on time, but people can never completely understand what he is doing." **Ecclesiastes 3:11 (NCV)**

3. GOD HAS A _____ FOR EACH SEASON.

"We know that all that happens to us is working for our good if we love God and are fitting into his plans." **Romans 8:28 (LB)**

4. THE SEASONS INCLUDE BOTH _____ AND _____ TIMES.

Ecclesiastes 3:2-8 "There is a time to..."

be born/die	plant/uproot
heal/kill	build/tear down
laugh/cry	dance/grieve
gather/scatter	hug/not hug
find/lose	keep/throw away
repair/tear	speak up/be quiet
love/hate	peace/war

5. WHAT I _____ IN ONE SEASON, I'LL _____ IN ANOTHER.

MEMORY VERSE: "Let us not be weary in well doing; for in due season we shall reap, if we faint not." **Galatians 6:9 (KJV)**

• **SPRING – AGE 0 TO 20 – _____**

1. In this season we come to terms with our identity.
2. The key to this stage is transitioning into adulthood well.
3. The key questions of this stage:
 - Who am I?
 - Who am I not?

• **SUMMER- AGE 20 TO 40 – LEARNING AND _____**

1. POTENTIAL DANGERS OF YOUR 20'S

- Getting lost in extended adolescence
- Handling sexual energy

"For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God." **1 Thessalonians 4:3-5 (ESV)**

2. THE MAJOR OPPORTUNITY OF YOUR 20'S IS TO _____, _____, _____!

3. THE KEY QUESTIONS FOR YOUR 20'S:

- What do I want out of life?
- Where will I distinguish myself professionally?
- How am I different from my parents?
- What do I really believe?
- What skills do I need to develop?
- Around what person or conviction will I organize my life?

4. THE MAJOR OPPORTUNITY OF YOUR 30'S: _____

5. A KEY WORD TO REMEMBER DURING YOUR 30'S: _____

6. KEY QUESTIONS FOR YOUR 30'S

- How do I prioritize the demands on my life?
- Have I allowed enough time for a spiritual life and authentic relationships?