

OVERCOMING OVERCOMING AN UNEXPECTED CRISIS

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MEMORY VERSE: *"You need not be afraid of sudden disaster or the destruction that comes upon the wicked, for the Lord is your security. He will keep your foot from being caught in a trap."* **Proverbs 3:25-26 (NLT)**

JESUS AND THE STORM

"But Jesus told him, Follow me now! Let those who are spiritually dead care for their own dead. Then he got into a boat and started across the lake with his disciples. Suddenly a terrible storm came up, with waves higher than the boat. But Jesus was asleep. The disciples went to him and wakened him, shouting, Lord, save us! We're sinking! But Jesus answered, O you men of little faith! Why are you so frightened? Then he stood up and rebuked the wind and waves, and the storm subsided and all was calm. The disciples just sat there, awed! Who is this, they asked themselves, that even the winds and the sea obey him?" **Matthew 8:22-27 (LB)**

1. FIVE FACTS ABOUT CRISES

- **THEY ARE _____**

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance."

James 1:2-3 (NIV)

- **THEY ARE _____**
- **Situational**

"When calamity overtakes you like a storm, when disaster sweeps over you like a whirlwind, when distress and trouble overwhelm you." **Proverbs 1:27 (NIV)**

- Relational

"I lie awake; I have become like a bird alone on a roof. All day long my enemies taunt me; those who rail against me use my name as a curse." **Psalm 102:7-8 (NIV)**

-Emotional

"A joyful heart is good medicine, but a crushed spirit dries up the bones."
Proverbs 17:22 (ESV)

- **THEY ARE _____**

"He sends the rain on the righteous and the unrighteous." **Matthew 5:45 (NIV)**

- **THEY ARE _____**

"Without warning a furious storm came up..." **Matthew 8:24 (CJB)**

- **I CAN CHOOSE MY _____**

- a. **BE FILLED WITH _____**

"The disciples went to him and wakened him, shouting, Lord, save us! We're sinking!"
Matthew 8:25 (LB)

- b. **BE FILLED WITH _____**

"Suddenly a terrible storm came up, with waves higher than the boat. But Jesus was asleep." **Matthew 8:24 (LB)**

2. HOW TO FACE AN UNEXPECTED CRISIS

- **_____ ON GOD'S CLOSENESS**

"Then he got into a boat and started across the lake with his disciples."
Matthew 8:23 (LB)

"But now thus says the Lord, he who created you, O Jacob, he who formed you, O Israel: Do not fear, for I have redeemed you; I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you." **Isaiah 43:1-2 (NRSV)**

- **_____ IN GOD'S CARE**

"But he was in the stern, asleep on the cushion; and they woke him up and said to him, Teacher, do you not care that we are perishing?" **Mark 4:38 (NRSV)**

“Such a man will not be overthrown by evil circumstances. God’s constant care of him will make a deep impression on all who see it. He does not fear bad news, nor live in dread of what may happen. For he is settled in his mind that Jehovah will take care of him. That is why he is not afraid but can calmly face his foes. He gives generously to those in need. His deeds will never be forgotten. He shall have influence and honor.”

Psalm 112:6-9 (LB)

• _____ **ON GOD’S CONTROL**

“He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm.” **Mark 4:39 (NIV)**

“We live within the shadow of the Almighty, sheltered by the God who is above all gods. This I declare, that he alone is my refuge, my place of safety; he is my God, and I am trusting him. For he rescues you from every trap and protects you from the fatal plague. He will shield you with his wings! They will shelter you. His faithful promises are your armor. Now you don’t need to be afraid of the dark anymore, nor fear the dangers of the day.” **Psalm 91:1-5 (LB)**

My Next Steps Today:

- ✓ I will memorize Proverbs 3:25-26 (NLT)
- ✓ I will connect with God like never before
- ✓ I am accepting Christ for the first time
- ✓ I am recommitting my life to God
- ✓ I want to join the New Life Church Family