

Psalm 23: God's Peace In Stressful Times

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THE ANTIDOTE:

_____ GOD WILL TAKE CARE OF ME.

MEMORY VERSE: *"The Lord is my shepherd; I have everything I need."*
Psalm 23:1 (NCV)

WHAT DOES A SHEPHERD DO?

A shepherd _____

A shepherd _____

A shepherd _____

A shepherd _____

"He will feed his flock like a shepherd. He will carry the lambs in his arms, holding them close to his heart. He will gently lead the mother sheep with their young." **Isaiah 40:11 (NLT)**

"And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus."
Philippians 4:19 (NLT)

HOW CAN I LET GOD BE MY SHEPHERD?

_____ **JESUS AS MY LORD.**

"The Lord is my shepherd..." Psalm 23:1 (NCV)

"I am the good shepherd; I know my own sheep, and they know me."

John 10:14 (NLT)

"My sheep listen to my voice; I know them, and they follow me."

John 10:27 (NLT)

Who or what is in control of your life?

"Playing God" is the root of worry.

BEGIN _____ ABOUT EVERYTHING.

*"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." **Philippians 4:6-7 (NLT)***

*"Casting all your care upon Him, for He cares for you." **1 Peter 5:7 (NKJV)***

_____ **ONE DAY AT A TIME.**

*"So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time." **Matthew 6:34 (LB)***

*"Give us today our daily bread." **Matthew 6:11 (NIV)***

“So don’t worry at all about having enough food and clothing. Why be like the heathen? For they take pride in all these things and are deeply concerned about them. But your heavenly Father already knows perfectly well that you need them, and he will give them to you if you give him first place in your life and live as he wants you to.” **Matthew 6:31–33 (LB)**

I WILL _____ INSTEAD OF WORRYING.

My Next Steps Today:

- ✓ I will memorize Psalm 23:1 (NIV)
- ✓ I am accepting Christ for the first time
- ✓ I am recommitting my life to God
- ✓ I want to Join the New Life Church Family
- ✓ I will let God be my boss
- ✓ I will watch the rest of the sermon series online

Join us next week online as we continue our new sermon series:

Psalm 23: God’s Peace in Stressful Times

Join us on our Prayer Line by calling (480)660-2242.
Enter access code, 1919#. The prayer line is open daily from
6am-7am CST.

You may honor God with your tithes and offerings by visiting our
website, www.newlifeestl.org and clicking on the “GIVING” link.